

The Quantum Physics of Success

Welcome.

Quantum physics is nothing more than the theoretical study of how things work (not the math stuff).

Quantum physicists are today's magicians or shamans, revealing to us the secret magic of the universe: how it works from their perspective.

Shamans, witch doctors, astrologists, psychics, spiritualists and magicians are the quantum physicists of the past. Well, maybe the not-so-distant past for they are still in vogue today here and there, but they historically have defined how things work from their perspective for their time, place and culture.

Anthropologists, psychologists, scientists and engineers are the quantum physicists most in vogue today. They help us understand our environment, inner and outer, and help us make peace with our place in the cosmos from their perspective.

Perspective, as you might have noticed, is a key word here. Things change. They always have and always will. Today's seers can only evaluate the past, analyze the present and theorize the future from their perspective. They may be the forerunners of tomorrow's knowledge, but only its forerunners.

With these ideas in mind and the catchy phrase, "*The Quantum Physics of Success*," I am hoping to open our minds to a few new ways of looking at how goals work. Not fixed for-

mulas or absolutes, just some new ideas to think about.

I have taken on this subject because I believe most people pay very little attention to goals; specifically, to how they work, and that includes the self-help authors and speakers we all read and listen to.

They teach us to set goals, to set goals, to set goals; and we do, yet we struggle to achieve them.

Something is amiss.

Admittedly, this is a theoretical think piece (maybe not so easy to get through) that took me years to get myself, but the value of the lesson makes it the most important thing I have ever conceived and is the reason for my placing it high on my list of ideas to share.

Real go getters, real dream makers, real achievers, I have learned, don't really set goals at all. They, mostly, are wanters. They just want and want and want and want. Selfishly, I might add.

They want to get something; to go somewhere; to learn something; to see something; to do something; to start something; to finish something; to write something; to invent something; to invest in something; to win something; to have something; to be the biggest; the richest; the smartest; the greatest, longest, tallest, broadest, smallest, etc.

Wants, I have learned, are the building blocks of intent: the force

behind evolution. In this context, I mean naturally occurring change: internally motivated, self-actualized and sustainable.

Change is the force behind goal achievement. Things must change for you to get what you want. Something has to evolve (another key word). It can be you or your business; you or your relationships; you or knowledge; you or your tools; you or your environment; you or your organization; you or your plans; you or, even, your dreams.

From a want, change (or evolution) occurs naturally.

Let's say, for example, that you want a most elemental thing: to scratch an itch on the top of your head. In order for that want to manifest, to be satisfied, the universe must evolve permanently. A thousand changes will occur naturally without a lot of forethought or planning.

To scratch that itch, your posture will change, your head will turn, your arm will raise, your fingers will reach, your nails will dig into your scalp, your hair will part and you will palpitate your skull. Then from that, you'll shed hair, dandruff and grooming products all over the floor around you. You'll track these things too and fro as you walk about and, then, even if you thought you have committed the perfect murder, some astute forensic scientist will track you down because of the clues you

left behind. And you know what that will lead to.

From a want to scratch an itch everything will change. For some, the changes will be good. The forensic scientist will go on to become the head of his department. For others, the benefits or drawbacks will vary.

From a want to scratch an itch, the universe evolves permanently, almost effortlessly: things change.

Now, what about itches? Aren't all itches just wants waiting to be scratched.

When you itch for something big, big ideas for getting it come; when you itch to go somewhere, synchronicities occur making your trip possible; when you itch to buy something, you find it. Itch, itch, itch. Scratch, scratch, scratch.

Our itches drive us, move us, compel us. They are our compulsions. And our compulsions if good for others and good for our families and good for our bank accounts and good for ourselves should be scratched and scratched and scratched until they are satisfied.

You've got to itch for something (or want it) before you will scratch for it.

Most of us, however, confuse goals with wants, but goals are not wants. They are not our itches nor our compulsions.

Goals may represent dream-ends, as indicated by the next section, but they do little to compel us to immediate, sustainable, action. Itches, on the other hand, are restless desires (wants) that must be scratched.

Achievers, as I have said, are wanters. They just want and want and want. Some forget, entirely, to set

goals at all. They are usually too busy scratching for the things they want.

So with all of that said, let's explore some ideas about goals from a new perspective: the quantum physical and psychological aspects of how goals work.

Importantly, I use the word *goal* throughout this piece as though it were interchangeable with *itches* or *wants*, but it's not. I only do this, so we don't lose track of what we are looking at: How Goals Work.

In the end, I hope this introduction to how goals work stimulates you to think differently about your wants and goals. And that's about it.

But if I also stimulate you to look further into the fascinating field of theoretical quantum physics and the emerging field of quantum psychology, then I have scratched an itch of my own.

You might start with "The Dreaming Universe" by Fred Alan Wolf.

Goals?

Perhaps... Intention, Intent, Purpose, Aim, End, Object, or Objective?

Intention is the general word implying a having something in mind as a plan or design, or referring to the plan had in mind; **intent**, a somewhat formal term, connotes more deliberation (assault with intent to kill); **purpose** connotes greater resolution or determination in the plan; **aim** refers to a specific intention and connotes a directing of all efforts toward this; **goal** suggests laborious effort in striving to attain something (the presidency was the goal of his ambition); **end** emphasizes the final

result one hopes to achieve as distinct from the process of achieving it; **object** [purpose, end, goal] an end that is the direct result of a need or desire (the object of the discussion was to arouse controversy); **objective** refers to an immediate, specific end that is capable of being reached (her immediate objective is to arrive on time).

Question.

How Does A Thing Become Conscious?

According to Sigmund Freud...

"The answer would be by becoming connected with the word-presentations corresponding to it."

Word-presentations constitute a set of mathematical operators (formulas) that determine what is observable in the outside world. These operators must be invoked in any physical observation and can invoke an observation: a pattern-recognition experience.

The lesson here is that everyone sees or experiences -- consciously -- what they can see or experience because of preconceived word-presentations and not more.

A written goal, then, because of its nature becomes an observable: something you can experience.

Imagine, if you will, a sheet of music without notes. No music will proceed from that page, no melody, harmony or rhythm, no musical expression of any kind can be experienced except silence.

Accordingly, a great symphony arises from the notes placed on pages by composers past and present. One precedes the other just as word-presentations, according to Freud, precede what can be observed.

You must think about what you want to see before you will, or can, see it. I call this principal of success, "The Geometry of Becoming."

If there is no model (or geometry) for a thing in your mind, then you won't see it, whatever it is. We've all heard the saying, ignorance is blind. Maybe, intuitively, the person that coined that phrase understood this.

Something to think about.

Question.

How does intention, the object of goal setting, work?

According to theoretical physicist and author Fred Alan Wolf...

"Intention manifests from vigilant observations, which result in constrained paths of evolution.

The power of creative intent arises in a natural way from the self. The greater the self-development the higher is the power of intent. Thus to have greater intent and therefore greater ability to manifest change in the physical world according to desire, one needs to have greater self-awareness. This arises from heightened processes of self-reflection: think time."

The lesson here is this:

Case one: Let's say you are a nice person. You have been taught the middle class or spiritual value that it is not good or virtuous to want to be better than anybody else, that you should mind your own business and stay in your place.

That level of self-awareness will bring you that result: you will be like everybody else and, for the most part, stay in your place.

Case two: Let's say, on the other hand, you want to have more, be more, do more and achieve more

than anybody you know or know about.

That level of self-awareness will bring you that result. Your intent will lead you along paths that cause you to excel and exceed those in your awareness.

Do you know anybody like that, someone that just wants more?

Know thyself, for you are achieving your goals right now: goals equal to your level of self-awareness. And, let's back up one, goals equal to the word-presentations within your mind that make them observable in the outside world.

Question.

What does Quantum Physics have to do with Goals and Achievement?

According to Albert Einstein, famous for $E=MC^2$ and his work on Relativity...

"In quantum physics we do not deal with physical matter because we have no way of controlling it. If we go too deep in our search for matter, it begins to dissolve. Atoms appear to be not things, they seem like ghosts and we enter an imaginal realm of theory."

According to Einstein, experimental data cannot exist without a theory of the meaning of that data. He once remarked that it was the theory that determined what we can observe (hmm, sounds a bit like Freud and the effect of word-presentations). Without a theory of reality, said Einstein, no observation will have meaning, and without meaning, there is no observation.

Instead, he said, we deal with expectations, tendencies and probabilities because we have found that observa-

tion alters matter. Quantum physics, he said, describes the realm of imaginal experience that is potential material experience.

Studies show we often do not see something unless we truly believe we will see it. The idea is that intent operates in the physical world by altering the observed state of that world.

Along that line, physicists Yakir Aharonov and M. Vardi, for example, have shown that the old proverb "A Watched Pot Never Boils" may have a range of validity previously unsuspected.

As they put it (in my words):

If a quantum system is monitored continuously, we could say vigilantly, it will do practically anything according to the intent of the observer.

To make this concrete, think of an imaginary pot of water being heated on a stove. The transition expected is for the water to go from the calm state to the boiling state.

Now, we all know that pots of water boil, given a few minutes or so, and you would certainly think that the watched pot would also boil. But if that were always true, why then the old proverb?

As it turns out, because of the vigilance of the observation and, specifically, the "impatience" of the typical observer, the transition does not occur.

Hmm, let's check this out!

A theoretical example, according to Aharonov and Vardi, is the decay of an unstable atomic nucleus. On its own it would decay in a few microseconds. But if the nucleus is watched continuously, it will not

decay; thus proving the old proverb: a vigilantly (or impatiently) watched “quantum pot” does not boil.

All of this might be considered just quantum physical speculation. However, in 1989, physicist Wayne Itano and his colleagues at the National Institute of Standards and Technology in Boulder, Colorado, actually experimentally observed the “quantum watched pot,” and indeed it never boiled!

Their experiment involved watching some five thousand beryllium atoms confined in a magnetic field and then exposed to radio waves of energy.

The atoms were the equivalent of the pot of water and the radio waves the equivalent of the heat applied to the pot. Under such circumstances the atoms will “evolve” into excited atomic-energy states as they absorb the radio energy. Nearly all five thousand will reach their excited-state goals in a little over 250 milliseconds (ms), or a quarter of a second.

To check this, the physicists observed the atoms after 250 ms by shining a short pulse of laser light into their midst. Excited atoms do not absorb and immediately re-emit any of the selected laser energy.

Atoms that remain in the unexcited state do. By observing the laser light after it passed through the trapped atoms, the physicists were able to determine just how many atoms remained unexcited.

Virtually none remained unexcited after 250 ms. We could refer to this as the unwatched pot that naturally evolved to the boiling state in a quarter of a second.

But then the scientists became slightly vigilant (or impatient). They

decided to look at the atoms half-way along, after 125 ms had passed. So, an eighth of a second after starting the experiment the laser pulse was turned on, and then at the 250 ms mark the scientists looked again and found that only one-half of the atoms were excited.

They repeated the experiment by looking at 62.5 ms, 125 ms, 187.5 ms, and 250 ms; in other words, they divided the one-quarter-second interval into four equal parts and were surprised to find that their enhanced vigilance produced a result of only one-third of the atoms making it to the excited-energy state.

They next redoubled their vigilance by looking in sixteen times, thirty-two times, and finally sixty-four times during the 250 ms interval.

In the final experiment where they watched their tiny atomic “pots” in sixty-four equally spaced tiny time intervals, virtually none of the atoms were ever found in an excited state, even though 250 ms had passed.

They all remained frozen in their ground or original states just as they were when the experiment began. In each experiment, mind you, the “heat” was on: the radio waves were continuously being sent into the magnetically trapped beryllium atoms.

How does this work?

If the system was unobserved, it would certainly undergo the physical transition. The pot would boil. The decaying system would decay. It is the observer effect that causes the anomaly to occur.

Here’s the explanation.

When the system is first observed, it is seen to be in its initial state. When

it is observed just a smidgen of time later, well before the time in which it should change, the system is observed with more than 99.99 percent chance to be in its initial state. In other words, the system is found to be exactly where it was initially.

This “close” measurement then repeated again and again, each time just a tiny bit of time later, continues to bear the same result: each measurement of the system continues to be observed with more than 99.99 percent chance of it being in its initial state.

But time marches on.

We eventually pass all reasonable time limits for the transition to occur, but amazingly it still doesn’t happen. The system, as predicted, freezes in its initial state.

The lesson here is this:

Every spiritually (religiously) inclined person eventually happens upon the saying, “Let go and let God!”

The implication is that a person of faith only needs to pray to God for some earnest wish or desire once. To petition the Almighty over and over for the same wish would amount to nothing more than bothersome whining and show a lack of faith by connotation that God, maybe, isn’t listening or won’t comply without your reminding him (or her) of your wish.

“Let go and let God” further implies that your calendar for answered prayer and God’s may not be the same.

Faith requires patience!

On the other hand, secularly inclined persons eventually happen

upon the “Heisenberg Principle of Determinacy” which states that our brains define the basic nature of nuclear reality; all reality, you might say, since all things are made up of elemental particles. Heisenberg appears to be in agreement with Einstein’s proposition that it is “theory” that determines what we can observe.

A watched pot never boils!

That we have learned.

Even “theory” requires patience of the quantum physicist. The natural world apart from God, it seems, operates on its own calendar as well.

From either perspective, spiritual or secular, I am proposing that goals represent “Prayer” or “Theory” as positioned above.

Without goals, observation (attainment) cannot occur.

“Let go and let God! / A watched pot never boils!” well, they are mirror images of the same thing.

Each aphorism teaches the importance of patience, of letting go, of release.

According to these ideas, obsessing over your goals can be counter productive. Try, instead, gentle interventions here and there at arm’s length.

I think it was Buddha that said, “the middle road, my son, the middle road” or something like that.

With patience, evolution will happen.

Things will change.

Question.

How Can We Act Spontaneously to Achieve Our Goals?

According to neurophysiologist Benjamin Libet...

“Inhibition is the normal disposition of the wake state: staying in a rut is normal.”

Libet is famous for research that proved the existence of the subconscious mind.

His experiments showed that a person, although able to react quickly to stimuli within one tenth of a second, is not actually aware of what he or she is reacting to for several tenths of a second, even up to a full half-second, later. Yet when asked about the time of awareness, Libet’s experiments showed that the same person will refer the experience backwards in time as if he or she were aware at the time of the stimulus.

An example of this would be a hundred-yard runner at a track meet. The runner would leave the starting blocks at around one tenth of a second after the sound of the starter’s gun has reached his or her cortex.

Accordingly, some four tenths of a second later, the runner would become conscious of the gunshot. By this time the runner would be well on his or her way towards the finish line: the Goal!

The lesson here is this:

Like the runner, we can get out of a rut by allowing our uninhibited subconscious minds to react spontaneously to stimuli relevant to specific goals (to gunshots, so to speak).

Without goals, however, little will change for we are generally inhibited to act.

Staying in a rut is normal.

Question.

Is it possible the “present” you want determines the choices you make in the “present” you have?

According to noted astronomer and author, Fred Hoyle...

“We have taken the dynamic experience of time, that of living experience, and made it into a spatial experience that can be measured forwards and backwards along a plane.”

Space-time maps (an appointment calendar, for example) show the where and when of experiences as if they were all where-experiences, but that’s just scientific hoopla.

Experience just happens. It is neither here nor there. It is not spacial, it cannot be boxed.

Maybe only the present exists and the present you want is determined by the choices you make in the present you have? Maybe, it just evolves?

That’s something to think about, but the scientific discipline of quantum physics is proving it true.

A quantum system (the present, we might say), according to those in physics, exists in a superposition of states: various, unlimited possibilities.

Each possible outcome is called a state and *before* observation all states are said to exist simultaneously.

It is from this hypothesis that science fiction writers fantasize parallel universes and the like. Every infinite possibility is said to exist simultaneously, literally, and quantum physicists believe it.

Then upon perception, observation or cognition (the process of know-

ing in the broadest sense) the superposition of states is reduced to a single state that resonates with your desire (or intent) and reality, the reality of the observer, occurs.

Admittedly, this is an oversimplification of a highly theoretical position taken by physicists and lacking in all of the mathematical detail; but that, according to quantum physicists, is how observation alters matter.

Stuff, the present, your environment, your whole reality just changes to fit your image (or cognition) of it.

Hard to believe, isn't it?, but darned if they can't prove this isn't true.

It seems every experiment quantum physicists devise to disprove "observation alters matter" just proves it further.

What you think about matters (and that's not just a play on words).

Philosopher, Dr. Wayne Dyer, is famous for saying, "What you think about expands."

The lesson here is this:

Everything you think and do, you do to evolve the present into the image of the present you want.

Well there it is again. I guess we're right back to goals, aren't we?

Question.

Is it possible the Jungian principle of "Synchronicity" has something to do with how goals work?

Groundbreaking psychologist Carl Jung described synchronicity as an acausal connecting principle that manifests itself through meaningful coincidences. Accordingly, there are no rational explanations for situations in which a person has a thought, dream, or inner psycholog-

ical state that coincides with an outer event.

Psychologist Jean Shinoda Bolen in "The Tao of Psychology: Synchronicity and the Self," states there is a linkage between ourselves and the world that we cannot account for by logical means.

Major Eastern religions are based on the perception of the unity and interrelationship of all things and events as manifestations of a basic oneness: the Tao (pronounced Dow).

Orthodox Judeo-Christian tradition, on the other hand, emphasizes opposing dualities: God above, sinful human below, soul in opposition to world, spirit struggling to overcome flesh, upright man resisting Eve-like woman.

Until recently the concept of Eastern "totality" has been absent from Western scientific thinking, which focuses on duplicatable experiments based on cause and effect, in which one distinct variable at a time could be considered. Any "oneness" between observer and the observed was unthinkable, as in too ridiculous rather than as in wisdom beyond thought.

But with the advent of quantum physics and relativity theory, a radical transformation is taking place.

Quantum physicist Fritjof Capra in "The Tao of Physics" postulates that modern atomic physics leads us to a view of reality that is very similar to the Eastern Mystic's intuitive vision of reality. The picture of an interconnected cosmic web in which the human observer is always a participant emerges from quantum physics. At the atomic particle level, the world view becomes very Eastern

and mystical: time and space become a continuum, matter and energy interchange, observer and observed interact.

It's fascinating to realize that the answers to the questions about the nature of the universe at which Western science is arriving through sophisticated, extraordinarily expensive, sensitive machinery, and complex, hardly comprehensible mathematical formulas is, on the face of it, the same as what an Eastern mystic in solitary meditation knows as the eternal Tao.

Both share two basic themes: the unity and interrelationship of all phenomena and the intrinsically dynamic nature of a connected universe.

In psychology only Carl Jung addressed this issue, theorizing that people as well as all animate and inanimate objects are linked through a collective unconscious: suggesting that the psyche of an observing person interacts in the moment with the events of the outside world.

The lesson here is this:

An accomplishment, whatever it may be, clearly is the "Goal" of your ambition: the end result. But ambition comes first!

An ambition is a mental want or desire thought about, organized, categorized, theorized, schemed for and arranged into a whole with unified and coherent relationships mentally established for getting it, done consciously or unconsciously for the selfish purpose of bringing into being the object of the ambition: the Goal.

According to Quantum Physicists, Eastern Mystics and specifically, Carl Jung, the acausal connecting princi-

ple of the universe, Synchronicity, the Tao, manifests (or helps manifest) ambition through meaningful coincidences.

Basically, Jung has shown us how goals work without exactly saying it, but this doesn't mean you get out of doing the work.

Question.

What role does technology play in our ability to understand "How Goals Work?"

Ernest C. Wilson in *The Other Half of the Rainbow* said "Man can only conceive of that which is outside his realm of experience by a comparison of it with what is already known to him."

He explains that a new mechanical invention can only be intelligently described to someone unfamiliar with it in language which he can understand and must be shown to be related in some manner to some other invention, or to be the application of some mechanical law which comes within the range of his knowledge and comprehension.

New words themselves, we learn in elementary school, can be defined only in terms of words already known.

Perhaps technology itself in all its glory plays a dual role in evolution; perhaps it is both a means and an end: a means by its fruit, the easing of our burdens; or an end by its revelations, a path to self-discovery.

Imagine that the devices we invent are an outward manifestation of some power within ourselves.

Maybe, we invent them to find a way to make our own inner powers comprehensible.

Would you think it is possible that, in our interaction with a technology we are actually striving or reaching to identify and activate something, some power or some knowing inside ourselves?

Let's take television, for example, with images made up of dots and not real trees or people. Perhaps our interaction with TV teaches that we can see within our minds. Maybe it teaches that everything we see is perceptual, nothing more than transmitted ideas, and that we can be telepathic.

Maybe TV teaches that an outer image is actually an inner idea and the reverse: that a mountain appears only when our inner image draws it to us; that everything that comes before us is created by our mind.

Maybe the microwave teaches that everything is vibration and made out of wave forms.

Artificial light, maybe, is the technology that showed us "dark" was not an all encompassing force.

As we watched artificial light make everything visible, is it possible that it was then that we began to imagine we could know our dark inner self as well and started exploring our subconscious mind?

We invented the computer to store and access facts, and it actually does that; but more important, maybe it gives us feedback on how our mind functions.

Music is a technology that, perhaps, has revealed to us the most important lesson of all: the Law of Sympathetic Resonance and Harmony.

If we were to place two pianos, each at opposite ends of a large hall and strike any key on one of the pianos,

middle C for example, all of the C strings -- and only the C strings -- on the piano across the hall would begin to resonate in harmony with the vibrations of the C string originally struck across the room. That's why only one set of tuning forks is needed by a piano tuner to tune all of the various octaves up and down a piano keyboard.

Synchronicity, The Law of Duplicate Origination, The Law of Attraction, Mutual Arising, Causation, Subjective Manifestation, Lifestyle Idealization, Like Attracts Like, Non-Doing, Non-Dualism, Being is Born of Not Being, Non Action, Teaching without Words and Work without Doing, Principle and Process, The Power of Prayer, all, under differing names are principles of Mind Over Matter based on the Law of Sympathetic Resonance and Harmony drawn from myth, world religions and philosophies, and all are circumstantial evidences of hopes, dreams, goals, intentions, of things first imagined within, then experienced without.

If gravity and/or magnetism which appear each to be incorporeal (non-manifest phenomena) can act on the corporeal (manifest phenomena), it makes sense that thought which appears to be incorporeal can act on the corporeal as well: each are evidence of sympathetic resonance.

The laws of nature are not boxed in by the dimensions of our concepts of space and time. What we think about resonates (vibrates) with its kind, like the C string, irrespective of the octave, high or low, or the dimension, or the location of what we might call its counterpart.

Sympathetic resonance, like weight loss, is nonspecific, it occurs over

the whole body (the universe), corporeal or incorporeal. Total situations are the rule, not the exception.

The lesson is this:

Existence is vibration. Each “thing” vibrates at its own unique frequency.

When we separate a thing into its smallest parts, we enter a strange environment where all that exists is particles and waves made up of, as Einstein said, not real things, just waves.

The number and shape of the atoms: their nuclei, electrons and their orbits give each substance a particular frequency. Nothing is solid. All things, independently or collectively vibrate at their own frequency. With this understanding, your mind should open to possibilities you have never considered before.

For example, the fact that everything is in a state of vibration also means that everything is creating sound.

The human ear is capable of hearing frequencies from approximately 15 Hz to 20,000 Hz (Hz/Hertz indicates the number of cycles of the repetitive waveform per second).

Warren J. Hamerman, in an article in the March-April 1989 issue of the American scientific journal *21st Century Science and Technology*, wrote that the organic matter that forms human beings generates a frequency that can be represented by sound at approximately forty-two octaves above middle C on the piano keyboard (apx. 570 trillion Hz). The keyboard, itself, only represents a seven-octave range.

Five-hundred and seventy trillion Hertz?, well, that’s a lot of do, re,

mi, fa, so, la, ti, do’s and they resonate from there to infinity. Five-hundred and seventy trillion Hertz is just our place in the spectrum, according to Hamerman, that is.

Our thought vibrates in harmony with things and forces “outside” our realm of awareness, we can’t see them or hear them or feel them and most of these things and forces are beyond our realm of comprehension anyway because we have no relative data for comparison, for understanding, but some we do and they, well, they vibrate into view.

Imagine bread falling from heaven to feed the masses, thoroughly hard to see or believe, but history tells us one soul was able to manifest that vision sometime past.

Dr. Deepak Chopra, in his audio program titled *SynchroDestiny*, says “reality is open to revision” and that “thought” is how we revise it.

In the same work he teaches, “The things I think and the things I think I perceive are undivided.”

Wow!

What a powerful statement. Let’s do that again, “The things I *think* and the things I *think I perceive* are undivided.”

And Dyer, “What you think about expands.” Heard that before, haven’t we?

Sympathetic resonance is the infinite causative potential of goals, of hopes, of affirmations, of mantras, of dreams, of prayer.

To realize fully this lack of division, according to Chopra, is the key to potential.

Ernest C. Wilson, in *The Other Half of the Rainbow*, says its the sole purpose of life.

Something to think about.

Involution is the cause and evolution the effect of all things. The principles of myth, religion, philosophy and science are concepts we’ve invented to explain our experience of this bilateral reality.

The key to the successful use of a technology is the discovery of the initial thought pattern that realized it, so that we can activate the power of that technology within as well.

Technology leads us to life, not away from it. The technology of music teaches us to set goals.

Who woulda ever thought of that?

Think “Harmony.”

Summary.

It’s nice to be making money. It would be nice to be making more!

That is an intention! A self-fulfilling prophecy.

We all want money, don’t be ashamed of it -- Want Money! -- or want anything else you desire, but want.

Want is a powerful intention, a goal in and of itself. Just want. I beg you, Want!

And... I might add, Write!

It is essential that you conceive and write your wants out so that you visualize your desires whilst conjuring up words and statements and sentences (word-presentations, as Freud put it) to define them.

You will then have something to pay attention to every once in awhile (maybe, mornings and evenings during those times you are very motivated) and a pattern-recognition plan.

If you focus on your wants... Well, you know the rest, don't you?

But mere wants for this or that may not be enough to cause things to change enough to satisfy your desires for a present life rich with experience and fulfilling in every way imaginable.

The wants you conceive and focus on must stimulate evolution in order for things to happen effortlessly.

From the beginning of time, evolution seems to be the only pattern we can count on: change, but always change for the better.

Do your wants include professional growth, leadership, or the mentoring of others?

Will your success inspire others to succeed or do you just want to make a few extra bucks?

Will the achievement of your goals change anything, permanently, for the betterment of your family, your profession, the environment, the species or the planet?

These are big questions and hard to answer when all you want to do is better, but don't be ashamed of that. Better is evolution for you, your species and your planet. Everything you do to improve the quality of life, even if for only yourself, betters the quality of life for all and that is evolution.

You may have heard it said that you will always be paid in direct proportion to the service you provide to others. That being true should relieve you of any guilt you may have about just wanting to make a lot of money.

And dare to think big!

Big thinkers, I have observed, seem to work less hard to achieve their goals than others. I believe they have the force of evolution on their side however it works.

According to Dr. Deepak Chopra, from his audio cassette program "The Higher Self," "The deepest reality you are aware of is the one from which you draw your power."

For someone who is conscious only of the material world, power is limited to material forces, cause and effect.

For someone who is conscious of the *Quantum Physics of Success* and the principles and methodologies of *How Goals Work*, power is turned inside out, and they become masters of Wu Wei, as the Japanese say, doing without doing.

Things happen. Evolution occurs.

The lesson here is this:

The creative power shaping mind and body is evolution.

That power expresses itself through your wants, your creativity and, of course, your efforts at scratching those itches.

Evolution happens, that you can count on, but it all starts with your "Wanting" it to happen.

That's how goals work.

Best Wishes.



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